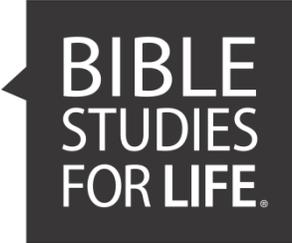


Living by Faith: Women Who Trusted God — Session 1 — EXTRA! Ideas for Adults

Date: June 2, 2019

Rahab: Courageous Faith

The Point: The power of God that leads us to fear Him also leads us to trust Him.

The logo for Bible Studies for Life, featuring the text "BIBLE STUDIES FOR LIFE" in white, bold, sans-serif capital letters inside a dark grey speech bubble shape.

Get Into the Study

Use the following story as an alternate introduction to the one found in your Personal Study Guide.

Most of us are familiar with the courageous stories of Martin Luther, William Wilberforce, Rosa Parks, Martin Luther King, Jr., and Mother Teresa. But you may not have heard of Poorna Malavath, from India. She courageously resisted family pressure to marry a cousin at age 12. As a self-described “[sports girl!](#)”, Poorna was [selected by her teachers](#) for rock climbing training, earning first place of 110 students. Poorna had never seen snow, but after further training in -30° to -35°F temperatures, she was one of two members selected to climb Mount Everest. Poorna currently holds the record as the youngest girl to summit Mount Everest, at age 13 years, 11 months, on May 25, 2014. Amazon is currently streaming a [movie based on her story](#).

Poorna is an example of someone who allowed courage to fuel her actions.

Follow this brief summary by asking Question #1.

Toni Sanders wrote this Leader Extra. Toni does technical support and training and is a graduate of Southwestern Baptist Theological Seminary. She and her husband lead a senior adult Bible study group in Orlando, Florida.

Live It Out

Use the following story and discussion during the Live it Out section to wrap up your discussion.

Three weeks after a series of bombs killed over 250 people in Sri Lanka, churches held their [first Sunday morning masses](#) in the cities of Colombo and Negombo, two of cities where churches were bombed on Easter Sunday. The [Easter Sunday bombings](#) appeared to be aimed at Christians. Bombers attacked three churches during Easter Sunday celebrations. Several hotels were also attacked.

Although Christians in the country continue to be wary of more attacks, many are choosing to act out of fear of God and trust in Him rather than being stifled by fear of man.

Ask: "How can the courage of persecuted Christians around the world encourage us to stand firm in the faith?"

Nikki Wilbanks is a stay-at-home mom, writer, Bible study teacher, and commercial real estate appraiser/investor. She is a graduate of Pepperdine University. She lives with her husband and two children in Murfreesboro, TN.

Additional Questions

Icebreaker

- When have you taken a leap of faith?
- What's a childhood fear you've gotten over as you've gotten older?
- Who's the most courageous person you know?

Joshua 2:1-7

- Does our fear of God ever impact the courage we display? Explain.
- How can we treat those living in a sinful lifestyle with dignity and respect?
- How can a fear of God give us courage when we need it?

Joshua 2:8-11

- How do these verses help you understand Rahab's actions?
- What can others learn about God by looking at our lives?
- How did Rahab demonstrate confidence in God's ability to act?

Joshua 2:12-14

- How does Rahab's life serve as an example of God's plan of salvation?
- After reading Joshua 2:1-14, why would you describe Rahab as a woman of faith?
- What does it mean to have a fear of God that leads to faith in God?